

# Fitting Instructions #3761IS

## Ford Ranger

### Front Control Arm Upper Bushing



**Note:** Polyurethane bushings must be fitted to both sides of the vehicle.

- Wheel-align the vehicle before the job is started and note settings;
- Jack the vehicle up and support on jack stands/hoist;
- Using factory manual, remove the upper control arms of the front suspension;
- Remove original bushes from the housing with the use of a hydraulic press and suitable pressing tools;
- Apply the grease supplied to the bore of the bush, and the outside of the crush tube;
- Fit supplied washer onto bar and press the new bonded bushing into the housing leaving a 3mm gap under the step as shown ;
- Push the crush tube into place and tighten nut and washer;
- Repeat for other side;
- Refit the control arm to the vehicle and tighten all bolts to manufacture's torque settings.
- Carry out wheel alignment.

